

All parents are requested to kindly **stop** sending chocolates / toffees on their children's birthdays, as this leads to frequent consumption of sugary food, which has adverse effects on the health of all concerned.

The earlier suggestion of party-hats for pre-schoolers is being withdrawn as children often have preferences for colours and this leads to disappointments.

We advise parents of Pre-school to Class IV to send **ONE** pencil worth not more than 5-6 rupees and those of children in Classes V and above to send **ONE** dot / gel pen worth not more than 8-10 rupees for each of their friends. (It is **not compulsory** for a child to bring gifts for friends.)

Please do **NOT** send any gift (stationery / chocolates / etc.) for Teachers on birthdays / special days / Teachers' Day.